

NORTHWEST BEHAVIORAL HEALTH IPA PRESENTS

Henry S. Levine, M.D.

**What's New in Psychopharmacology
and Other Biological Treatments:
TMS, ECT, and Nerve Stimulation**

6 CME Credits

Fox Hall

1661 W. Bakerview Road

Bellingham, WA

Friday, September 25, 2026

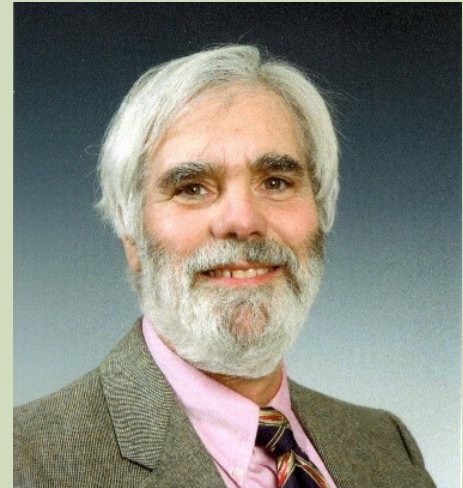
8:20 a.m. to 4:15 p.m.

**In-person or
Live-streamed on Zoom**

THE PRESENTER: Henry S. Levine, M.D.

Henry S. Levine, MD, first began practicing in Whatcom County in 1973. He arrived here after completing undergraduate and medical school at Case Western Reserve University and internship at the University of Virginia. He was a primary care physician on the Lummi Indian Reservation for two years before receiving his psychiatric training at the University of North Carolina. Dr. Levine has practiced psychiatry in Bellingham since 1979. He maintains a general psychiatric practice, with special interests in mood, anxiety, geriatric, and attentional disorders.

Dr. Levine is certified by the American Board of Physicians and Surgeons and by the American Board of Psychiatry and Neurology in Psychiatry. That organization has awarded him Special Qualification in Forensic Psychiatry. He was among the first group of Washington State forensic psychiatrists to achieve that distinction. Dr. Levine has served on several national committees of the American Academy of Psychiatry and the Law. He has chaired the Academy's Psychopharmacology and Private Practice Committees and the St. Joseph Hospital Department of Psychiatry several times. He is an Assistant Clinical Professor at the University of Washington, where he teaches resident physicians, and serves as a Clinical Associate and co-director of the Behavioral Neuroscience Internship in the Dept. of Psychology of Western Washington University. He has participated in several large medication research studies. Dr. Levine has also been honored as a Distinguished Life Fellow by the American Psychiatric Association, and was awarded by Bellingham's St. Joseph Hospital with the Physician of Excellence Award for 2016-17.



What's New in Psychopharmacology and Other Biological Treatments: TMS, ECT, and Nerve Stimulation

Workshop Description

In the last decade or so there have been many new additions to what prescribers can offer people with psychiatric disorders. Some of these are new medications, some are new somatic treatments such as forms of transcranial brain stimulation, some are surgical approaches, and some are new variations on some older established treatments such as ECT. The course will provide an overview of recent growth in our knowledge of somatic treatments for patients with depression, bipolar, psychotic, anxiety and attentional disorders. The primary format will be lecture. There will be adequate time for questions during the sessions.

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Workshop Schedule

8:20-8:30	Opening remarks and Introduction
8:30-10:00	Update on treatments for Depressive Disorders
10:00-10:15	Break
10:15-10:45	Update on treatments for ADHD
10:45-11:45	Update on treatments for Anxiety Disorders
11:45-12:00	Q&A
12:00-1:00	Lunch
1:00-2:30	Update on treatments for Bipolar Disorders
2:30-2:45	Break
2:45-4:15	Update on treatments for Psychotic Disorders
4:15	Q&A

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Workshop Objectives

Participants will be able to

- 1) Identify new somatic treatments for depressive disorders and updates on older treatments, including potential benefits and risks
- 2) Identify new somatic treatments for bipolar disorders and updates on older treatments, including potential benefits and risks
- 3) Identify new somatic treatments for anxiety disorders and updates on older treatments, including potential benefits and risks
- 4) Identify new somatic treatments for psychotic disorders and updates on older treatments, including potential benefits and risks
- 5) Identify new somatic treatments for Attention Deficit Disorder and updates on older treatments, including potential benefits and risks
- 6) Refer patients with those disorders who may benefit from somatic treatments.

WHAT IS NWBHIPA?

What is NWBHIPA? The Northwest Behavioral Health Independent Providers Association is a not-for-profit group of over 300 mental health providers throughout Whatcom, Skagit, Island and San Juan counties in Washington State. The NWBHIPA is now in its 22nd year and is dedicated to providing quality mental health care that is safe and confidential to patients and collegial support and excellent educational opportunities to members. Membership in the NWBHIPA is available for a one-time fee of \$150. Benefits include discounted tuition to all NWBHIPA sponsored continuing education workshops.

CME Credits: This activity has been planned and implemented in accordance with the accreditation requirements of the Washington State Medical Association through the joint providership of PeaceHealth St. Joseph Medical Center and Northwest Behavioral Health Independent Providers Association. PeaceHealth St. Joseph is accredited by the WSMA to provide continuing medical education for physicians.

PeaceHealth St. Joseph Medical Center designates this live activity for a maximum of 6.0 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

REGISTRATION INFORMATION

REGISTRATION for In-person and Live-streamed

In-person registration includes lunch and is limited to 75 people.

\$150 IPA members

\$180 Non IPA members

\$75 Student with current ID (limit of 5)

Late fee of \$15 added after September 11, 2026

\$150 IPA Membership one-time fee

Certificates of completion available to all attendees.

Pay ONLINE using Stripe or by check or money order payable to NWBHIPA and mailed to NWBHIPA, PO Box 1661, Mount Vernon, WA 98273-1661.

CANCELLATION POLICY: Full refunds minus a \$25 processing fee will be offered with written requests received by September 11, 2026. **No refunds after September 18, 2026.**

ACCOMMODATIONS: Special room rates have been made available at the Best Western in Bellingham for \$119.00 per night plus 11.01% sales tax and \$3.00 per night Bellingham Tourism Promotion Tax.

Reservations:(360) 676-7700. OR, COPY AND PASTE INTO YOUR WEB BROWSER TO BOOK YOUR ROOM ONLINE:

https://www.bestwestern.com/en_US/book/hotel-rooms.48188.html?groupId=M29IN4D6

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8:20 A.M. TO 4:15 P.M.

Register online here.

Register by mail here.

FOR INFORMATION CONTACT

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