

NORTHWEST BEHAVIORAL HEALTH IPA PRESENTS

Joe Kort, Ph.D.

**LGBTQ Clients in Therapy:
Clinical Issues and
Treatment Strategies**

Friday, September 20, 2024 8:20 a.m. to 4:15 p.m.

Fox Hall Events Center

1661 W. Bakerview Rd. , Bellingham, WA

THE PRESENTER: JOE KORT, PH.D.



Dr. Joe Kort is a psychotherapist, certified sex therapist and clinical director of The Center for Relationship Health in Royal Oak, Michigan.

He is the author of four books and a lecturer and facilitator of therapeutic workshops. Throughout his 39 years of private practice, he has successfully helped hundreds of individuals and couples improve their lives and strengthen their relationships. Dr. Kort specializes in marital problems and conflicts; mixed orientation marriages; male sexuality and out-of-control sexual behaviors. He is EMDR trained and offers LGBTQIA Affirmative Therapy.

Dr. Kort can be found on Instagram, TikTok, Twitter, Facebook and LinkedIn @drjoekort and his website is www.JoeKort.com.

LGBTQ Clients in Therapy: Clinical Issues and Treatment Strategies

Workshop Schedule

8:20-8:30 AM	OPENING REMARKS
8:30-9:00	GUIDED IMAGERY
9:00-10:00	GROWING UP LGBTQ
10:00-10:15	BREAK
10:15-11:00	INTERNALIZED HOMOPHOBIA
11:00-11:15	SEXUAL ORIENTATION VS. EROTIC ORIENTATION
11:15-12:00	SEXUAL FLUIDITY
12:00-1:00 PM	LUNCH
1:00-2:00	GAY AND LESBIAN COUPLES
2:00-2:30	MIXED ORIENTATION COUPLES
2:30-2:45	BREAK
2:45-4:00	ETHICS WORKING WITH LGBTQ
4:00-4:15	Q&A

LGBTQ Clients in Therapy: Clinical Issues and Treatment Strategies

Workshop Description

This course will equip therapists with the right tools and up-to-date information they need in this **rapidly changing population** to more effectively counsel your lesbian, gay, bisexual, transgender and questioning clients, and couples. Therapists will learn specific strategies to better treat the unique challenges your client may be facing such as:

Self-acceptance and internalized homophobia

Non hetero-normative sexual behaviors and practices

Trauma and abuse from growing up LGBTQ

The difficult process of coming out

Also, therapists will avoid the common mistake of believing, “a couple is a couple” and treating LGBTQ couples the same as their heterosexual counterparts.

LGBTQ Clients in Therapy: Clinical Issues and Treatment Strategies

Workshop Objectives

The participant will be able to:

Assess gay, lesbian, bisexual, transgender, and questioning clients for psychological trauma to assist in informing treatment interventions.

Identify the difference between erotic orientation and sexual orientation.

Distinguish between mental health disorders that mimic the effects of the trauma from growing up LGBTQ.

Utilize specific clinical interventions and assessment tools to understand sexual fluidity.

Employ adaptable clinical interventions to work more effectively with sexual disorders and issues with LGBTQ individuals and couples.

Evaluate the dynamics of same gendered couples, including vulnerabilities and strengths when working with LGB couples in session.

WHAT IS NWBHIPA?

What is NWBHIPA?

The Northwest Behavioral Health Independent Providers Association is a not-for-profit group of over 300 mental health providers throughout Whatcom, Skagit, Island and San Juan counties in Washington State. The NWBHIPA is now in its 20th year and is dedicated to providing quality mental health care that is safe and confidential to patients and collegial support and excellent educational opportunities to members. Membership in the NWBHIPA is available for a one-time fee of \$150. Benefits include discounted tuition to all NWBHIPA sponsored continuing education workshops. www.nwbhipa.org

This workshop is approved for 6 continuing education credits by the Northwest Behavioral Health Independent Providers Association (NWBHIPA). NWBHIPA is approved by the American Psychological Association to sponsor continuing education for psychologists. NWBHIPA maintains responsibility for this program and its content.

REGISTRATION

REGISTRATION

\$120 IPA members

\$150 Non IPA members

\$75 Student with current ID (limit of 5)

Late fee of \$15 added after 9/13/24.

\$150 IPA Membership one-time fee

Certificates of completion available to all attendees.
Onsite registration includes lunch.

Pay ONLINE with credit card or by check or money order payable to NWBHIPA and mailed to NWBHIPA, PO Box 1661, Mount Vernon, WA 98273-1661.

CANCELLATION POLICY

Full refunds minus a \$25 processing fee will be offered with written requests received by 9/6/24.

ACCOMMODATIONS

Best Western Plus, 3985 Bennett Drive, Bellingham
(360) 676-7700

Standard King Room or Double Queen room @
\$129.00 per night plus 10.8% sales tax and \$3.00 per
night Bellingham Tourism Promotion Tax

CLICK LINK BELOW OR COPY AND PASTE INTO YOUR
WEB BROWSER TO BOOK YOUR ROOM ONLINE:

https://www.bestwestern.com/en_US/book/hotel-rooms.48188.html?groupId=I24CW1T7

LGBTQ Clients in Therapy Clinical Issues and Treatment Strategies

FRIDAY, SEPTEMBER 20, 2024

8:20 A.M. TO 4:15 P.M.

Register online here.

Register by mail here.

FOR INFORMATION CONTACT

RICHARD SPITZER, PH.D.

(360) 671-1966

richardspitzer.phd@gmail.com

www.nwbhipa.org