Elizabeth McCauley, PhD, ABPP, is Associate Director of Child Psychiatry at Seattle Children’s Hospital, and Professor in the Department of Psychiatry and Behavioral Sciences at the University of Washington. She leads a research program designed to study the course and management of depression in young people, including an ongoing study of suicidal/self-harming adolescents.

Kelly Schloredt, PhD, is the Clinical Director of the Psychiatry and Behavioral Medicine Unit at Seattle Children’s Hospital and a Clinical Professor in the Department of Psychiatry and Behavioral Sciences at the University of Washington. In her role at Seattle Children’s and at the University of Washington, Dr. Schloredt has collaborated with Dr. McCauley on various research projects related to depression in youth.

Kate Comtois, PhD, MPH, is Associate Professor in the Department of Psychiatry and Behavioral Sciences and Adjunct Associate Professor in the Department of Psychology at the University of Washington. Dr. Comtois conducts research evaluating mental health services in the implementation of evidence-based practices in large health systems with the focus on improving health care for suicidal individuals. Dr. Comtois has been an individual and skills training therapist as well as co-investigator on multiple clinical trials of DBT with Dr. Marsha Linehan and CAMS research therapist with Dr. David Jobes.

Workshop Objectives
Upon completion of the workshop, participants will be able to:

1. Discuss the epidemiology of suicidality in children and adolescents.
2. Outline the importance of using structured screening and assessment tools when evaluating youth.
3. Discuss developmental considerations to take into account when assessing youth.
4. Outline legal ramifications associated with caring for youth with suicidality.
5. Describe issues related to school re-entry and strategies for managing them.
6. Highlight important areas to consider with regard to safety planning.
7. Outline referral sources for the acute management of suicidality in youth.
8. Describe the evidence-base for treatments for suicidal patients – what works and what doesn’t?
9. Describe the important drivers of suicidality as well as the risk factors to assess.
10. Explain how to develop a collaborative relationship with an acutely suicidal individual.
11. Plan how to manage acute suicidality in an outpatient psychotherapy practice.
12. Demonstrate how to resolve suicidality and suicidal coping.

St. Luke’s Education Center
3333 Squalicum Parkway
BELLINGHAM, WASHINGTON
Friday, May 1, 2015
8:30 a.m. to 4:00 p.m.

REGISTER ONLINE! www.nwbhipa.org
**ASSESSING, TREATING, AND MANAGING SUICIDAL CLIENTS**

Suicidality in Children and Adolescents: Screening, Assessment, and Acute Management
8:30 a.m.-11:45 a.m. (includes 15 minute break)

Elizabeth McCauley, PhD, and Kelly Schloredt, PhD

This 3 hour program will focus on suicidality in children and adolescents, offering clinicians information with regard to the latest research on screening, assessment, and acute management. The presenters will not only provide an overview of the epidemiology of suicidality in youth, but will also discuss the use of screening tools and structured assessments with attention to developmental considerations and legal risks associated with caring for youth with suicidality. The presenters will further discuss issues related to school re-entry, safety planning, and referral methods for acute treatment.

11:45 a.m. - 12:45 p.m. Lunch

**Assessing, Managing, and Treating Suicidality in Adult Psychotherapy**

12:45 p.m. - 4:00 p.m. (includes 15 minute break)

Kate Comtois, PhD, MPH

In this presentation, participants will be trained in the current research on assessing, managing, and treating suicidality in adult psychotherapy. The presentation will start with a review of the evidence—what works or doesn’t work in resolving suicidality. The distinction between treating suicide as the primary problem vs. a symptom of other problems will be discussed. This will be followed by instruction in an effective and collaborative method of assessing and managing suicide risk in the outpatient setting. In the second half of the training, outpatient psychotherapy strategies will be taught which resolve suicidality and assist clients to achieve a life worth living (even in the face of painful realities). Video, small group discussion and role-play practice will be combined with didactic presentation to assist participants to learn this material.

This 6-credit workshop, co-sponsored by The Washington State Psychological Association and the Northwest Behavioral Health IPA, meets the new Washington State standards (set by the Matt Adler Suicide Prevention Act—HB 2366) for assessing, treating, and managing suicidal clients.

The Washington State Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The Washington State Psychological Association maintains responsibility for this program and its contents. Workshops offered by WSPA are recognized continuing education activities under the rules adopted by the Washington State Examining Board of Psychology and the Licensed Counselors Advisory Committee.

**REGISTER ONLINE! www.nwbhipa.org**

**REGISTER ONLINE AT**

www.nwbhipa.org

**EARLY BIRD TUITION PRIOR TO April 17, 2015**

$120 IPA/WSPA members

$150 Non IPA/WSPA members

$ 50 Student with current ID

($15 added after April 17, 2015)

$150 IPA Membership one-time fee

Registration includes lunch.

Pay ONLINE using PayPal or by check, cash or money order payable to NWBHIPA and mailed to NWBHIPA, PO Box 1661, Mount Vernon, WA 98273-1661.

Cancellation Policy: Full refunds minus a $25 processing fee will be offered with written requests received by April 17, 2015.

**ACCOMMODATIONS**

Special room rates have been made available at the Hampton Inn in Bellingham for $99 per night.

Reservations: (360) 676-7700 (Group rate code NBH)

Assessing, treating, and managing suicidal clients

Friday, May 1, 2015
8:30 a.m. to 4:00 p.m.

Send registration & payment to:
NWBHIPA
P.O. Box 1661
Mount Vernon, WA 98273-1661

**NAME**

**ADDRESS**

**PHONE**

**EMAIL**

**REGISTRATION FEES (includes lunch)**

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<th>Status</th>
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<tbody>
<tr>
<td>IPA/WSPA Member</td>
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<tr>
<td>($15 added after 4/17)</td>
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**TOTAL AMOUNT INCLUDED**

Sandwich choices:
- Turkey
- Tuna
- Beef
- Veggie

Special dietary needs may be requested.

**INFO**

Richard Spitzer, Ph.D.
Phone: 360-671-1966
E-mail: richardspitzer.phd@gmail.com